

Penistone - Ageing Well Together

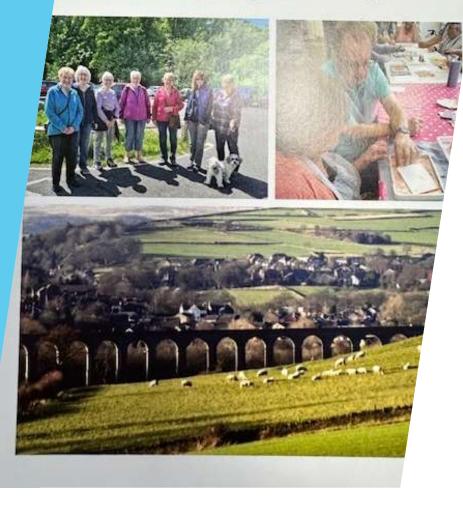


- Launch
- Options for men only groups
- Love Later Life event
- Winter Warmth/Wellbeing event
- SOPPA
- Volunteers increased
- Reduce loneliness/increase wellbeing
- New groups to meet the needs
- Information and Advice delivered



Barnsley IGEUK Penistone Area Council Penistore East, Penistone West

enistone Ageing Well Together



Penistone -Ageing Well Together Professional launch

- Launch to professionals held at The New Inn, Penistone
- New Leaflets produced
- 1 x Inclusion Officer groups
- 1 x Inclusion Officer One to ones
- 1 x Information & Advice Officer
- And the services of:
- CEO, Project Manager, Senior Inclusion Officer, Communications & Marketing Manager, Volunteer Coordinator and support staff.

Core Activity

- Community working
- Activities and trips
- Information and Advice
- One to one Service
- Group activities
- Volunteering











SOPPA Supporting Older People in Penistone Area Local older Area council people Local businesses BOPPAA and community venues Volunteers Schools -Referrers intergenerational projects.





Events and Celebrations

- Volunteer Meals (quarterly), Cubley Hall
- Lunch & Entertainment (Jo Cox Great Get Together)
- Wortley Afternoon Tea
- Canal Trip, Hebble & Calder Canal
- Penistone Market Barn promotion
- Walk at Wentworth Castle Gardens (Love Later Life
- Community Lunch Crow Edge (Love Later Life)
- Mayor's Lunch and Film at Paramount Cinema
- Meet & Greet, Crow Edge
- Christmas Lunch and sing-along Millhouse Chapel
- Sloppy Slipper Events (Penistone, Millhouse Green, Crow Edge, Cawthorne and Thurgoland
- Intergeneration Greenworks Plus
- Cleethorpes Trip (Funded by former Mayor Neville Shiggins)
- Scam Awareness
- Promotion events St Saviours and Tesco
- Love Later Life week 2023 celebrations of Age Friendly leading to International Day of Older People
- Clients supported to attend the Love Later Life celebration at the Metrodome
- Christmas Get Togethers (Weavers Court, Crane Moor, Penistone Leisure)
- Holiday Inn Christmas Party





Information & Advice service

£1,630,044.70 Benefit Gains for the Penistone Area since July 2022 (each year)

Pension aged Penistone residents have had the support of a specialist I&A advisor for one full day per week.

Support has included benefit checks, cost of living advice, housing support, aids and adaptation support and much more.

Home energy checks and winter emergencies support.

33% seen in Penistone aged 70 - 79 years

43% seen in Penistone aged 80 years plus







One to One support

- Guided Conversation to develop personalised plan
- 71 New individuals seen
- 13 Long Term Service Users
- 21Befriending services
- 42 Attending Groups etc
- 55 Shopping
- 12 Gardening
- 32 Handyperson
- 22 FREE Warm Home Service





Group Activites

- Cranemoor Toasties
- Wortley Church, Tea & Coffee Group
- New Inn Lunch Club
- Penden House Warm Hub and games
- Weaver Court lunch club
- Thurgoland Community Group
- St Johns Church, Thurgoland singing group
- Penistone Men-in-Sheds
- Board Games Social Group
- Meet & Greet
- Maintenance Cognitive Stimulation Therapy
- Happy Vibes Memory Café
- Healthy Life
- ► Tea & Chat Weaver's Court
- Millhouse Green & Thurlstone Lunch Club

hursday 10 am to 12 pm at Cranemoor Methodist

contact Lorraine on 01226 776820 for further

e!





Crane Moor Toasties

- Crane moor Church
- Social Group
- Chat / Crafts
- Tea and Toast
- Chair Based Exercise



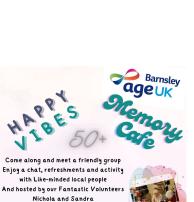


We would love to talk to you!

We can also make referrals to other organisations!

Please come and see us if you need any support or advice







Thuristone Road S36 9EF

Penistone Area Council



age UK



Leaflets and Posters



Penden House

Barnsley age UK

- Warm Hub to be replaced/continued
- Successful attendance and welcoming space
- Bingo / games
- Refreshments



New Pop Up

 Thursdays 1pm - in Penistone Library Barnsley age UK

- Information sharing about activities and groups
- Information on services and support available
- Opportunity to meet Age UK Barnsley Project Officers
- Volunteer recruitment.

Barnsley U3A Groups and attendees

- Board Games 7
- Crown Green Bowling (out of season meeting monthly meantime) 10
- Patchwork Projects 8
- Canasta 6
- Art Group 9
- Bridge 7
- Crafty Chat 6
- ► MOTO 12
- Eating Out Round Penistone 16
- Walking Group 6





Volunteer Recruitment

- Penistone Grammer School
- Working cross generational
- Logic putting two lonely people in touch.....
- Media campaign
- Route to employment / retrain
- ▶ 50th Year opportunities/publicity
- Promotion in Shops
- Community Car Drivers
- Transport ! Travelling Companions





Total active volunteers: 42

2,015 hours of volunteering in the last 18 months.

Social value = £30,829

Community car journeys Now includes Daisy & Graham

Whole team approach to recruitment

Across the ages / work experience







BOPPAA	
Over 70 providers offer 203 physical activity	Paresto
opportunities borough-wide	
https:/boppaa.ageukbarnsley.org.uk	
Tai Chi - Penistone Leisure (x2 Mon&Thur)	
Movement for Healthy Ageing - Thurgoland	
Walking Netball - Penistone Leisure (x2 Mon&Wed)	
Chair Fitness - Penistone Leisure (x2 Mon&Wed)	
Movement for menopause - Thurgoland	
Walking group - varies weekly	
Crown Green Bowling - out of season	
PenActive - Social and Active, Penistone Leisure	
Pilates - Cawthorne Village Hall	
Chair Exercise - Tankersley Welfare Hall	
Gardening - Springvale Community Centre (x2 Wed&Sat)	
Walk out Wednesdays = Skate Park S36 6TS	
Well-being Wednesdays - Silkstone Common	
Falls Management - Hoylandswaine Church Hall	
Walking Rugby - Wortley	
Zumba - Penistone Leisure	
Chair Exercise - Crane Moor Methodist Church	
Falls Management - Thurgoland Village Hall	
Pilates - Pensitone Leisure	
Tai Chi for Falls Prevention - Thurgoland Village Hall	
+ Sporting Penistone awarded small grant for Drop-in Table Tennis and Chat	



Added Value

- Digital Inclusion (2022)
- Healthy Start Look After Your Heart
- Just For You
- Access Barnsley
- Warm Hubs
- Maintenance Cognitive Stimulation Therapy (MCST)
- Elizabeth Activity & Care Centre
- Podiatry
- Hair and Nails
- Massage
- Dementia Choir
- Early On-set Dementia Group
- Affordable Shoppers
- Handyperson
- Warm Homes Checks
- Gardening Service
- Winter Emergencies
- Black out Provision
- Ageing Well support for younger older adults





Posted by Emily Norris 4 Feb • 🚱

Could you spare a few hours each week to visit an isolated older person?... See more

...



Key Challenges

- Volunteer recruitment face to face befriending.
- Transport and accessibility.
- Receiving appropriate referrals.
- Reaching the hardest to reach that need us the most.
- Improving confidence to encourage service users to attend community groups and events.
- Attracting the younger adults -What's in a name.





Next Steps/Focus

- Full consultation Barnsley-wide which will be broken down into Ward Area available April 24
- Identify gaps for new social groups to expand the offering across communities.
- Understanding challenges facing older people and action plan
- Continue to work with other organisations to provide groups with informative talks.
- Plans for volunteer recruitment drives includes investment in new Manager.
- Future Funding sources

ecognise and challenge ageism when we see it, hear perience it ourselves. You can get involved to... See

Every wrinkle, every line, tells a tory of your life.

he movement and let's celebrate ageing





Any Questions?